

For public assistance benefits like SNAP, Medicaid, or KTAP for cash assistance call 1-855-306-8959 or visit [benefind.ky.gov](http://benefind.ky.gov).

## Social Support Services

### Emergency Needs

#### **Bethany House Christian Service Center**

*Free clothing for anyone in need*

Open Monday, Wednesday, and Friday from 10:00am-4:00pm

539 Hitchins Ave in Olive Hill..... ☎ 606-286-5045

#### **Northeast KY Community Action Agency**

*Utility and employment assistance, housing referrals*

[nkcaa.net](http://nkcaa.net)..... ☎ 606-739-2150

## Food Assistance

#### **Bethany House Christian Service Center**

*Community food pantry*..... ☎ 606-286-5045

Open Monday, Wednesday, and Friday from 10:00am-4:00pm

539 Hitchins Ave, Olive Hill, KY 41164

#### **James Chapel Community Holiness Church**

*Community food pantry*

Open on the 4<sup>th</sup> Saturday of the month from January through September, and the 3<sup>rd</sup> Saturday of the month from October to December from 8:00am-11:00am

2491 State Hwy 1025, Olive Hill KY 41164

#### **First Church of Christ**

*Community food pantry via drive through distribution*..... ☎ 606-474-5464

287 Pomeroy Street, Grayson, KY 41143

Open 3<sup>rd</sup> Friday of every month from 9:00am-12:00pm.

## Health Services

Call 1-855-459-6328 to apply for Medicaid or visit [HealthBenefitExchange.ky.gov](http://HealthBenefitExchange.ky.gov) for help.

Emergency Departments and Hospitals

#### **King's Daughters Medical Center (KDMC) (in Ashland)**

2201 Lexington Ave..... ☎ 606-408-8999

#### **KDMC Urgent Care Center (in Grayson)**

609 Carol Malone Blvd..... ☎ 606-475-0152

Health Centers and Rural Clinics

#### **King's Daughters Family Care Center (in Olive Hill)**

391 W Tom T Hall Blvd..... ☎ 606-286-8039

#### **St. Claire Family Medicine (in Olive Hill)**

155 Curtis Rd..... ☎ 606-286-4152

#### **HomePlace Clinic (in Grayson)**

300 W Main St..... ☎ 606-474-0042

#### **PrimaryPlus (in Grayson)**

645 Interstate Dr..... ☎ 606-474-0669

## Housing

Located in Boyd County

**Shelter of Hope:** *Emergency shelter and housing assistance for individuals and families in need of transitional services. First contact CAReS in The Neighborhood at 2516 Carter Ave in Ashland or call (606)324-2949 for a referral*..... ☎ 606-324-6700

[www.shelterofhope.org](http://www.shelterofhope.org)

**Salvation Army:** *Emergency overnight shelter Mon-Sun from 7pm-7am*..... ☎ 606-329-2874

## Legal Services

**Department of Public Advocacy:** *Defense for low-income clients*..... ☎ 502-564-8006

#### **Legal Aid of the Bluegrass**

*Representation, education, and advice for civil legal services for low-income families.*

[Lablaw.org](http://Lablaw.org)..... ☎ 1-606-329-1321



# CARTER COUNTY RESOURCE GUIDE

*This guide contains a short list of the resources available in and around Carter County.*

*The information provided is subject to change.*

*A comprehensive list of resources is available online at [www.HealTogetherKY.org/Carter](http://www.HealTogetherKY.org/Carter).*



## Harm Reduction/Syringe Program

### **Carter County Health Department**

300 West Main Street, Grayson, KY 41143  
Open Monday, Wednesday, and Friday from  
8:00am-3:00pm..... 📞 606-474-5109  
Services: syringe service program, naloxone

### Behavioral Health Center

### **Pathways Inc**

840 Interstate Drive in Grayson  
www.pathways-ky.org..... 📞 606-474-5151  
Open Monday-Friday from 8:30am-4:00pm

### **Mountain Comprehensive Care**

1758 E Midland Trail Ste B in Grayson  
www.mtcomp.org..... 📞 606-475-0031  
Open Monday-Friday from 8:00am-5:00pm

### Support and Treatment Locators

### **National Hotlines**

#### **Substance Abuse Mental Health Services Administration (SAMHSA)**

*Treatment locator*..... 📞 1-800-662-4357  
Online at findtreatment.gov

#### **National Suicide and Crisis Lifeline**

*24/7 support for people in crisis and/or distress, call or text*..... 📞 988  
Online at suicidepreventionlifeline.org

### **Kentucky Support and Treatment Locators**

#### **FindHelpNowKY**

*Online treatment locator at FindHelpNowKY.org*

#### **KY Help Call Center**

*Call Mon-Fri from 8:30am-5:30pm to speak with a referral specialist*..... 📞 1-877-859-4357  
Online at hopeandhelpky.com

#### **Voices of Hope Information and Support Line**..... 📞 1-888-Hope4KY

## Naloxone (e.g., Narcan®)

### **Call 911 in an emergency.**

Visit [odcp.ky.gov/stop-overdoses](http://odcp.ky.gov/stop-overdoses) or [HealTogetherKY.org/Carter](http://HealTogetherKY.org/Carter) for more.

### **Carter County Health Department**

Available at syringe exchange..... 📞 606-474-5109  
300 West Main Street, Grayson, KY 41143  
Open Monday-Friday from 8:00am-3:00pm

### **Pathways Quick Response Team (QRT) of Carter County**

Available for free after completing brief overdose education training. Visit 840 Interstate Drive in Grayson or call to set up a group or individual overdose education training to receive naloxone..... 📞 606-474-5151

### **Pathways Quick Response Team (QRT) of Boyd and Greenup Counties**

Available for free..... 📞 606-324-1141  
201 22nd Street in Ashland  
Open Monday–Friday from 9:00am-5:00pm

### Domestic Violence Resources

### **Safe Harbor of Northeast Kentucky**

*Emergency shelter, transitional housing, counseling, childcare, victim advocacy services, and support groups*  
www.safeharborky.org..... 📞 606-329-9304  
**24-hour crisis line**..... 📞 1-800-926-2150

## Meetings

### **Self-Management and Recovery Training (SMART) Recovery:**

*Medication-friendly recovery meetings.* Scan the QR code, visit [linktr.ee/recoveryonline](http://linktr.ee/recoveryonline), or call 1-888-Hope4KY. **Friends & Family** meetings may be available.



### **Medication-Assisted Recovery**

**Anonymous:** Find information about meetings at [mara-international.org/Kentucky](http://mara-international.org/Kentucky).  
**Celebrate Recovery:** Meets at 287 Pomeroy St in Grayson at 6pm on Tues..... 📞 606-255-0039

### Medication for Opioid Use Disorder

#### **A Center 4 Change**

Grayson..... 📞 606-780-0115  
Olive Hill..... 📞 606-286-0497  
Medications: Buprenorphine, Sublocade

#### **Fresh Start**..... 📞 606-225-8200

Medications: Buprenorphine, Sublocade

#### **Grayson Health Park**..... 📞 606-474-2200

Medications: Buprenorphine, Sublocade

#### **Pathways, Inc. Carter Co. Outpatient**

840 Interstate Dr in Grayson..... 📞 606-474-5151  
Medications: Buprenorphine, Sublocade

#### **Ramey Estep Regroup**..... 📞 606-474-0200

211 Carol Malone Blvd in Grayson  
Medications: Buprenorphine, Sublocade

#### **St. Claire Family Medicine**..... 📞 606-286-4152

155 Curtis Rd in Olive Hill  
Medications: Sublocade

#### **Spero Health** (Ashland)..... 📞 606-467-2021

Medications: Buprenorphine

#### **King's Daughters Outpatient Wellness and Recovery Clinic** (Ashland)..... 📞 606-408-7800

Medications: Buprenorphine, Sublocade

#### **Huntington Hospitalist**

#### **Group (HHG)**..... 📞 606-887-9333

Greenup: 1621 Ashland Road, Suite 1  
Medications: Buprenorphine

Ashland: 2205 Carter Avenue

Medications: Buprenorphine, Sublocade

#### **Crossroads Treatment**

#### **Center** (Ashland)..... 📞 606-393-1165

Medications: Methadone