

For public assistance benefits like SNAP, Medicaid, or KTAP for cash assistance call 1-855-306-8959 or visit benefind.ky.gov.



Social Support Services

KCEOC Community Action Agency

Assistance with heating bills, rent, home weatherization, and home repairs

5448 North US Highway 25E, Gray, KY 40734

www.kceoc.org 606-546-3152

Helping Hands Clothing Ministry

Free clothing and shoes, limited to one visit each month. Located in Whitley County, across the street from Dorthae Pentecostal Church.

Open Monday and Thursday from 10am-12pm

2381 North Highway 1223, Corbin, KY 40701

www.dorthae.org 606-528-9416

First Baptist Church Care Center: Free clothing to those in need. 606-546-3636

Open Monday and Wednesday from 10am-1pm



Food Assistance

Christian Life Fellowship Food Bank

Food assistance for those in need.

Open on Tues 10am-12pm and Fri from 9am-2pm

606-546-9415 or 606-627-2929

165 Black St, Barbourville, KY 40906

Trace Branch United Methodist Church Food

Pantry: Food availability varies depending on donations, typical hours are Wednesday 1:00pm-

3:00pm. 606-546-2837

47 Trace Branch Rd, Heidrick, KY 40949

Helping Hands Food Pantry: Community food pantry. Located in Whitley County, across the street from Dorthae Pentecostal Church.

Open Monday and Thursday from 10am-12pm

2381 North Highway 1223, Corbin, KY 40701

www.dorthae.org 606-528-7523



Health Services

Call 1-855-459-6328 to apply for Medicaid or visit HealthBenefitExchange.ky.gov for help.

Emergency Dept. and Hospitals

Baptist Health Corbin

1 Trillium Way..... 606-528-1212

Barbourville Appalachian Regional

Healthcare (ARH) Hospital (Barbourville)

80 Hospital Dr..... 606-546-4175

Health Centers & Rural Clinics in Barbourville

Barbourville Family Health Center

215 N Allison Ave..... 606-546-9287

Baptist Health Primary Care

602 Knox St..... 606-546-6027



Housing

Housing Authority of Barbourville

Oversees low-income housing subsidies and public housing programs

105 Lake Ave..... 606-546-3567

KCEOC Community Action Partnership

Women's Emergency Support Center

Temporary shelter, meals/clothing, supportive services & transportation..... 606-546-3152

KCEOC Ryan's Place..... 606-546-3152

Crisis shelter for youth ages 18-24



Legal Services

Department of Public Advocacy: Defense

for low-income clients..... 502-564-8006

Lablaw.org..... 859-431-8200

AppalReD Legal Aid: Free civil legal services for low-income clients. Cases accepted:

Family law, landlord/tenant, disability rights,

expungements, and more..... 606-546-5115



KNOX COUNTY RESOURCE GUIDE

This guide contains a short list of the resources available in and around Knox County.

The information provided is subject to change.

A comprehensive list of resources is available online at www.HealTogetherKY.org/Knox

NIH
HEAL
INITIATIVE

HEALing Communities Study
Kentucky

Updated 10-06-2023

Version 004

Harm Reduction/Syringe Program

Knox County Health Department

261 Hospital Drive, Barbourville, KY 40906

Open Tuesday/Thursday from 10am-2pm.

Services: Syringe exchange, condom distribution, testing for HIV, Hepatitis C, and other STI screenings

www.kchdky.org..... 📞 (606) 546-3486

Behavioral Health Center

Bingham Behavioral Health Care

📞 (606) 545-9752

47 Knox St, Barbourville, KY 40906

Cumberland River Behavioral Health

Barbourville Office..... 📞 (606) 546-3104

Open Mon-Fri from 8am-4:30pm | crbhky.org

704 Pitzer St, Barbourville, KY 40906

New Hope Counseling and Recovery

📞 (606) 292-2660

401 Knox St, Barbourville, KY 40906

Support and Treatment Locators

Substance Abuse Mental Health Services Administration (SAMHSA)

Treatment locator..... 📞 1-800-662-4357

Online at findtreatment.gov

National Suicide and Crisis Lifeline

24/7 support for people in crisis and/or distress, call or text..... 📞 988

Online at suicidepreventionlifeline.org

FindHelpNowKY

Online treatment locator at FindHelpNowKY.org

KY Help Call Center

Call Mon-Fri from 8:30am-5:30pm to speak with a referral specialist..... 📞 1-877-859-4357

Online at hopeandhelpky.com

Voices of Hope Information and Support

Line..... 📞 1-888-Hope4KY

Naloxone (e.g. Narcan®)

Call 911 in an emergency.

Visit odcp.ky.gov/stop-overdoses or

HealTogetherKY.org/Knox for more.

Knox County Health Department

Available at Syringe Exchange... 📞 (606) 546-3486

261 Hospital Drive, Barbourville, KY 40906

Open Tuesday and Thursday from 10am-2pm

Walgreens

Available for purchase..... 📞 (606) 545-7314

1121 U.S. Highway 25 E, Barbourville, KY 40906

Open Monday-Friday from 9am-7pm, Saturday

from 9am-6pm, and Sunday from 10am-6pm

Kroger Corbin

Available for purchase..... 📞 (606) 528-7211

14889 North US Highway 25E, Corbin, KY 40701

Open Monday-Friday from 8am-9pm, Saturday

from 9am-6pm, and Sunday from 11am-6pm



Domestic Violence Resources

Located in Laurel County

Cumberland Valley Domestic Violence

Services: Emergency shelter with

food/clothes/hygiene items, case management,

individual and group counseling, housing

assistance, parenting classes, legal and agency

advocacy, life skills program, court advocacy,

referrals, safety planning..... 📞 (800) 755-5348

www.cdvs.org



Transportation

Rural Transit Enterprises Coordinated (RTEC)

Public transport that offers demand response trips

to medical appointments, shopping, employment,

and intercity travel.

rtecit.wixsite.com..... 📞 (606) 256-9835

Meetings

Self-Management and Recovery Training

(SMART) Recovery: Medication-friendly

recovery meetings. Scan the QR code, visit

linktr.ee/recoveryonline, or

call 1-888-Hope4KY.

SMART Recovery Friends

& Family meetings may also

be available.

Medication-Assisted

Recovery Anonymous (MARA): Information

about in-person and online meetings available

online at mara-international.org/Kentucky.



Medication for Opioid Use Disorder

Behavioral Health Group –

Corbin..... 📞 (606) 526-9348

Medications: Buprenorphine, Methadone

785 Cumberland Gap Pkwy #3 in Corbin

Cumberland River Behavioral Health

crbhky.org..... 📞 (606) 546-3104

Medications: Buprenorphine

704 Pitzer St in Barbourville

New Hope Counseling and

Recovery..... 📞 (606) 594-7479

Medications: Buprenorphine, Sublocade

60 Bennett Circle in London

Spero Health..... 📞 (606) 619-4086

Medications: Buprenorphine, Sublocade

415 KY 225 in Barbourville